

Alden Harrison Dance Centre

2022-23 Tentative

Schedule

MONDAY	TUESDAY		WEDNESDAY	THURSDAY		SATURDAY	
	Studio A	Studio B	Studio A	Studio B	Studio A	Studio A	Studio B
Studio A							
Competition Rehearsals	4- 4:45 Level 3 Lyrical		4:15- 5 Jr Ballet		4-4:45 Level 3 and up Prepointe/pointe	9:00-9:45 - Level 3 Tap	9:00 - 9:30 Tiny Tots Ballet
	4:45- 5:30 - Level 3 Ballet	5-5:30 Wake me up comp	5:15 - 6 Jr/Sr Hip Hop	5-5:30 Tiny Acro (Ages 3-5)	4:45-5:30 Level 3 and up Acro	9:45 - 10:30 - Level 3 Jazz	9:30-10:00 Tiny Tots Tap
	5:30-6:15 Level 3 Hip Hop	5:30-6:00 Level 1 and 2 Acro	6-6:45 Jr/Sr Tap	5:30 -6:00 Kindies Hip Hop	5:30-6:15 Level 3 and up SST (required for comp team)		10:00-10:30 Level 2 Ballet
		6:-6:30 Level 1 & 2 Hip Hop	6:45-7:30 Jr/Sr Jazz	6-6:30 Kindies Jazz	6:15 - 7 Jr/Sr Lyrical/Contemp	10:30-11:00 Level 1 & 2 Jazz	
	7:00-8:00 Zumba					11-11:30 Level 1 & 2 Tap	11-11:30 Kindies Tap
						11:30-12:00 Level 1 Ballet	11:30-12 Kindies Ballet
	* All classes must have a minimum amount of students registered to be held					12-3 Comp rehearsals	
	Competition teams ages 8 and up are required to take SST						
	Ballet is required for lyrical and pointe classes						